

# Valuing Gene Therapies for Rare Diseases

Connecticut Representative Michelle Cook,  
Women In Government State Director (Moderator)

Jamie Sullivan, Senior Director of Policy, EveryLife Foundation

Carolyn Hickey, Executive Director, Government Affairs & Policy,  
Sarepta Therapeutics



*#AccessToHealthCare*

# **Women in Government Leadership & Innovation Summit November 17, 2022**

**Jamie Sullivan, MPH  
Sr. Director of Policy  
EveryLife Foundation for Rare Diseases  
[jsullivan@everylifefoundation.org](mailto:jsullivan@everylifefoundation.org)**

# EVERYLIFE BACKGROUND

## **Mission**

To empower the rare disease patient community to advocate for impactful, science-driven legislation and policy that advances the equitable development of and to access to lifesaving diagnoses, treatments, and cures.

## **What We Believe:**

No disease is too rare to deserve treatment

Rare disease therapies should be safe and effective

We could do more with the science we already have

## **What We Do:**

Advocate for evidence-based public policy and regulatory reform

## **How We Get it Done:**

Scientific and policy expertise

Grassroots action

# U.S. Rare Disease Prevalence Estimates



- In the U.S., a disease is considered rare when it affects fewer than 200,000 people
- Researchers estimate there are more than 10,000 RDs
- RDs affect an estimated 30 million Americans
- Actual RD prevalence could exceed this estimate

*The* **National Economic  
Burden of Rare Disease Study**

*“The shortage of reliable information on the clinical, humanistic, and economic burden of RDs poses a challenge for accurate assessment of the value and impact of a new RD technology. The frequently progressive and degenerative nature of RDs, paired with a poor understanding of the disease’s natural history, is problematic for HTA modeling and projection of long-term treatment outcomes and associated costs.”*

In general, we do not have the data we need to make good decisions



This is the problem EveryLife’s Economic Burden of Rare Disease Study Addresses

# Study Results:

## Economic Burden Measured by Three Costs Components



### DIRECT MEDICAL COSTS

#### Examples

Inpatient or outpatient care  
Physician visits  
Rx medications and their administration  
Durable medical equipment

*Private and public insurance programs typically pay providers directly, and patients are responsible for co-pays*



### INDIRECT COSTS: PRODUCTIVITY LOSS

#### Examples

Forced retirement  
Absenteeism  
Presenteeism (when employees cannot fully function in the workplace)  
Reduction in community participation and volunteer service

*Reduces income for patients and caregivers, while reducing productivity for employers, communities, society*



### NON-MEDICAL & UNCOVERED HEALTHCARE COSTS

#### Examples

Necessary home or auto modifications  
Transportation and education costs  
Paid daily care  
Healthcare services not covered by insurance: experimental treatments, medical foods, and more

*Out-of-pocket costs absorbed directly by families living with RD*

# Study Results:

## RD Impact Survey Captures Medical Burden, Long Diagnostic Odyssey



**16.5**  
**YEARS**

Since first RD symptom (mean)

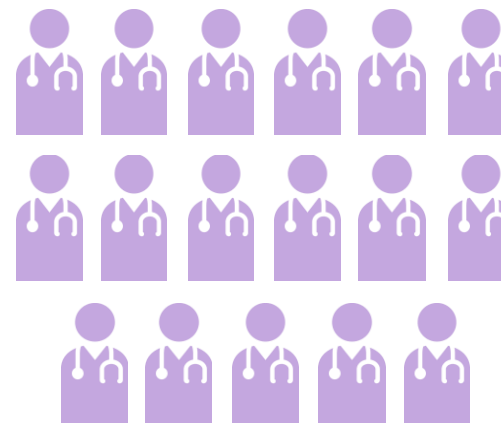


**10.2**  
**YEARS**

Years since RD diagnosis (mean)

**16.9**

Average number of specialists seen since first RD symptom



**6.3**  
**YEARS**

Navigating without RD diagnosis (mean)

Based on final analysis sample of 1,360 completed responses

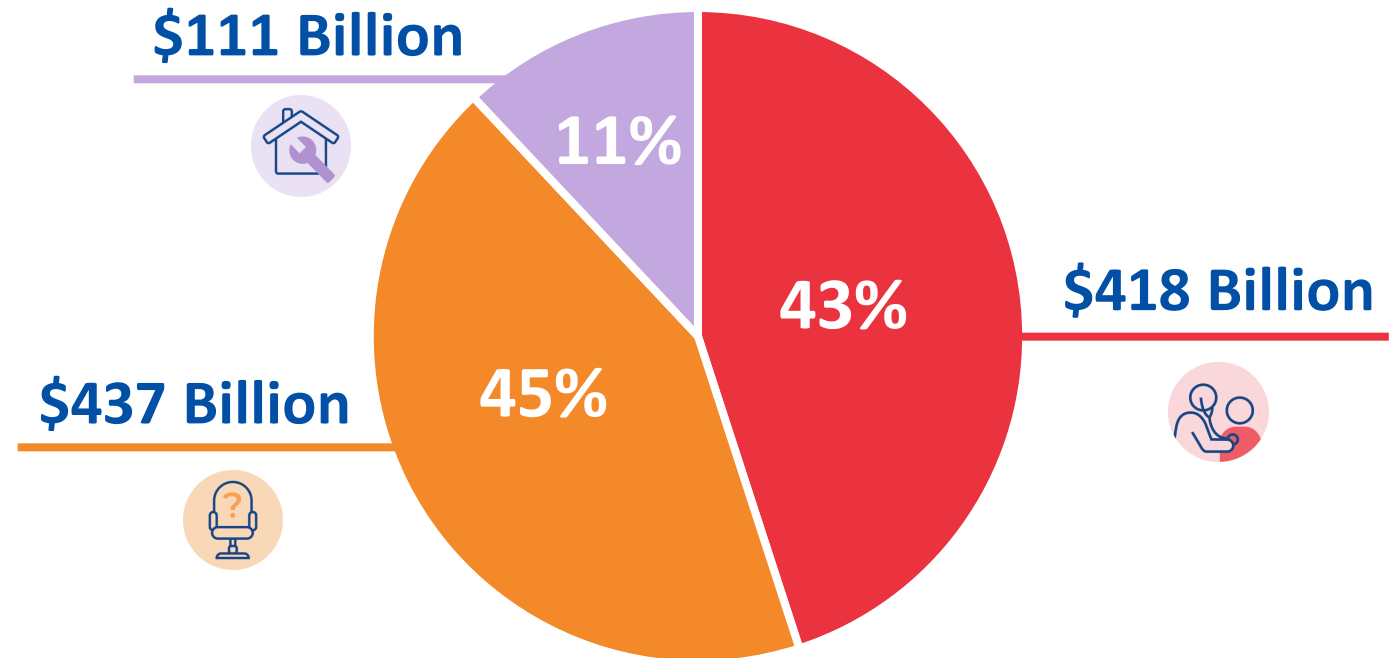
## Study Results:

# Indirect and Non-Medical Costs Drive Economic Burden of RD, Exceeding Direct Medical Costs

Total Economic Burden of  
379 RDs in the U.S. in 2019:

## \$966 Billion

- Direct Medical Costs
- Indirect Costs: Productivity Loss
- Non-Medical and Uncovered



Source: The Lewin Group analyzed RD prevalence calculated from the 2018 dNHI claims, 2019 Medicare SAF 5% sample claims, and 2016 Medicaid claims combined with the census population projection for 2019. Direct medical cost estimates were obtained using 2018 dNHI claims, 2019 Medicare SAF 5% sample claims, and 2016 Medicaid claims. Indirect and non-medical costs were estimated using Lewin's analyses of the RD Impact Survey data.

Visit [burdenstudy.org](https://burdenstudy.org) to learn more about the study's methods, results, conclusions, and limitations



# Direct Medical Costs: Inpatient and Outpatient Care Are Largest Cost Categories



## Direct Medical Costs Due to RD by Type of Service

Caregiver costs were only covered by Medicaid  
Also refer to productivity loss related to caregiving

**\$26,887**

average per-person excess direct medical costs due to RD

CATEGORY	COST IN BILLIONS	%
Inpatient	\$143 B	34.2%
Outpatient	\$62 B	14.8%
Other Ancillary	\$49 B	11.7%
Prescription Medication	\$48 B	11.5%
Outpatient Prescription Administration	\$48 B	11.4%
Non-Acute Inpatient	\$31 B	7.5%
Physician	\$31 B	7.4%
Durable Medical Equipment	\$4 B	1.1%
Caregiver	\$2 B	0.5%

Visit [burdenstudy.org](https://burdenstudy.org) to learn more about the study's methods, results, conclusions, and limitations

# Direct Costs through the Community Lens

*“The financial challenges are overwhelming and unrelenting. The search for a diagnosis or treatment requires navigating a complex medical system and battling with insurance companies all while trying to hold down a job.”*

**Marissa Penrod**

Mother of a son with a rare disease



# Indirect Costs: Productivity Loss

## Massive Economic Toll on Patients, Caregivers, Employers



CATEGORY	COST IN BILLIONS	%
Absenteeism	\$149 B	34.2%
Presenteeism	\$138 B	31.6%
Losses due to forced retirement	\$136 B	31.1%
Social productivity loss	\$14 B	3.2%

**\$34,074**

Per-person cost of productivity loss in 2019 for adult caregiver(s) of child with RD (>18 yrs)

Combined productivity losses for absenteeism and presenteeism:  
**\$135 billion** for adults with RD and  
**\$152 billion** for their caregivers

Visit [burdenstudy.org](http://burdenstudy.org) to learn more about the study's methods, results, conclusions, and limitations

# Indirect Costs: Productivity Loss

## \$437 Billion

*“Balancing a career with medical care is tough. You might not be able to complete everything your manager asks. You might not advance in your position quickly, if at all.”*

### **Allison Bones**

Mother of a child who died of a rare disease



# Non-Medical and Uncovered Healthcare Costs

Medical Food, Home Modifications, Transportation and More Total \$111 B



CATEGORY	COST IN BILLIONS	%
Healthcare services not covered by insurance	\$38 B	34.2%
Necessary auto modification	\$24 B	21.6%
Transportation costs	\$20 B	18.0%
Necessary home modification	\$10 B	9.0%
Education costs: home schooling, missed schooling, special education	\$10 B	9.0%
Paid daily care	\$9 B	8.1%



Healthcare services not covered include experimental and alternative therapies, non-prescription medicine, dental surgeries, etc.

Visit [burdenstudy.org](https://burdenstudy.org) to learn more about the study's methods, results, conclusions, and limitations

# Non-Medical Costs through the Community Lens

*“If a family cannot afford to repair an electric wheelchair, buy a hearing aid, fix teeth, or travel to specialists, then the person with a rare disease receives inadequate care.*

*These costs accumulate and limit educational and career opportunities, making it harder to contribute to society.”*

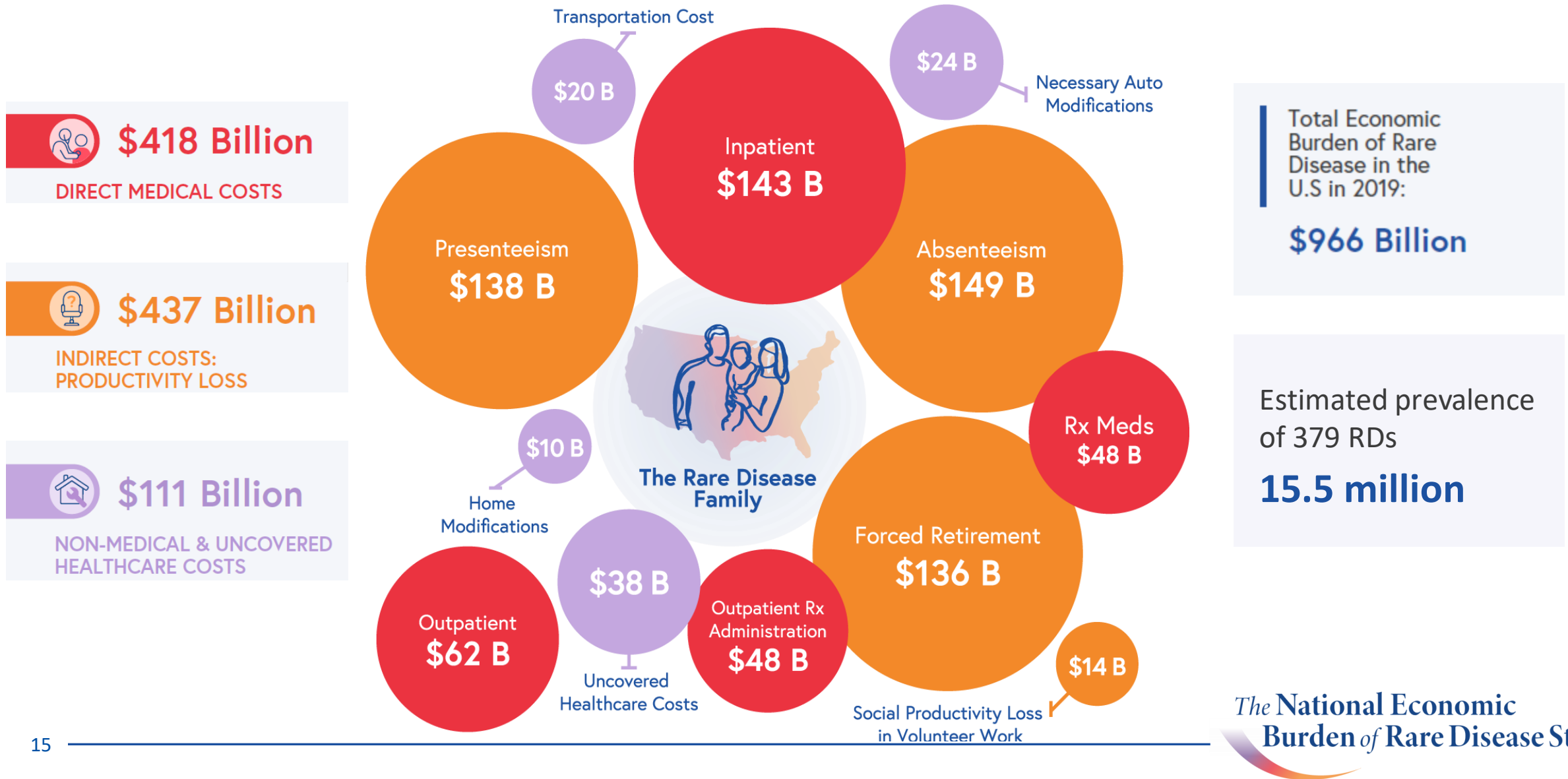
**Steve Smith**

Father of a son with a rare disease





# What is the Impact on the Average Rare Disease Family?







# Study Contributors:

## Special Thanks to the Rare Disease Community, Study Team, and Study Sponsors

### RARE DISEASE LEGISLATIVE ADVOCATES ADVISORY GROUP

Allison Bones	President and CEO	T.E.A.M. 4 Travis	Mother of a child lost to a rare disease
Lisa Deck	Board Member	MoyaMoya Foundation	Living with a rare disease
Mackenzie Flynn	Recent Graduate	George Washington University	Living with a rare disease
Andre Marcel Harris	Legislative Intern	Texas House of Representatives	Living with a rare disease
Kathi Luis	Special Projects Director	Amyloidosis Foundation	Patient advocate
Tonya Prince	President	Sickle Cell Assoc. of Houston	Mother of a daughter with a rare disease
Marissa Penrod	Founder	Team Joseph	Mother of a son with a rare disease
Steve Smith	President of Patient Advocacy	WCG Clinical	Father of a son with a rare disease
Sarah Tompkins	Founder	EDS Northwest	Living with a rare disease
Marc Yale	Peer Health Coach	Pemphigus Pemphigoid Foundation	Living with a rare disease

### COMMUNICATIONS SUPPORT PROVIDED BY

SmithSolve

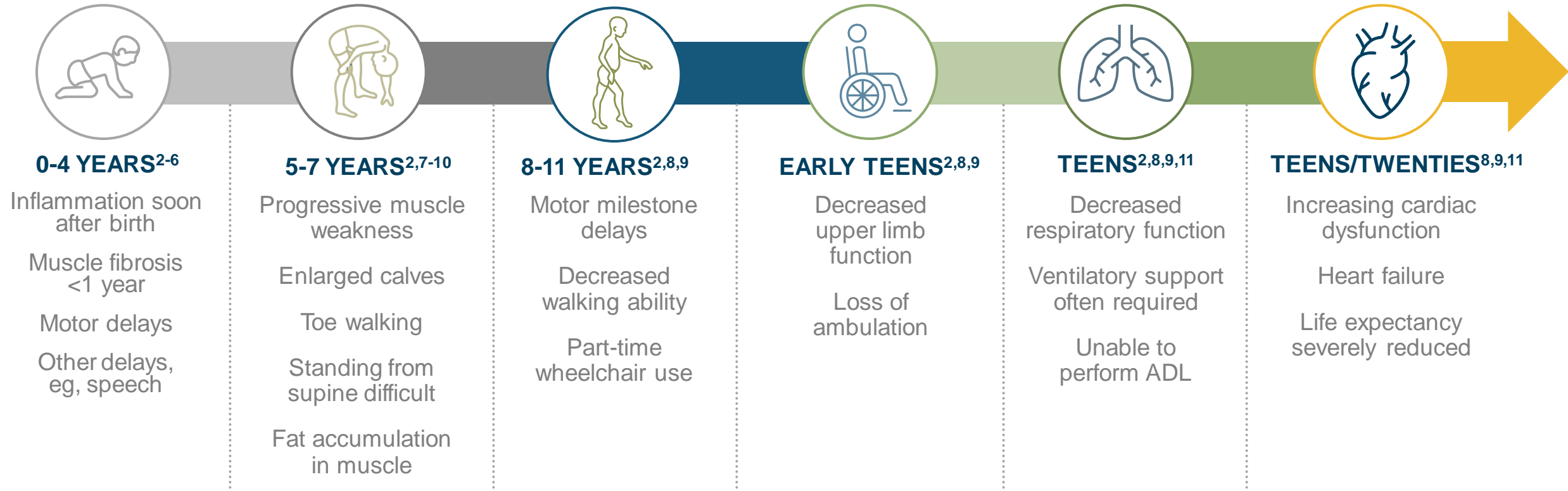
# *Valuing Gene Therapies for Rare Diseases*

Carolyn Hickey  
Executive Director, Government & Policy  
November 17, 2022



ZYLER  
Living with Duchenne  
muscular dystrophy

# Duchenne muscular dystrophy is a rare, genetic, progressively debilitating disease resulting from a lack of dystrophin, a protein necessary for muscle function<sup>1,2</sup>



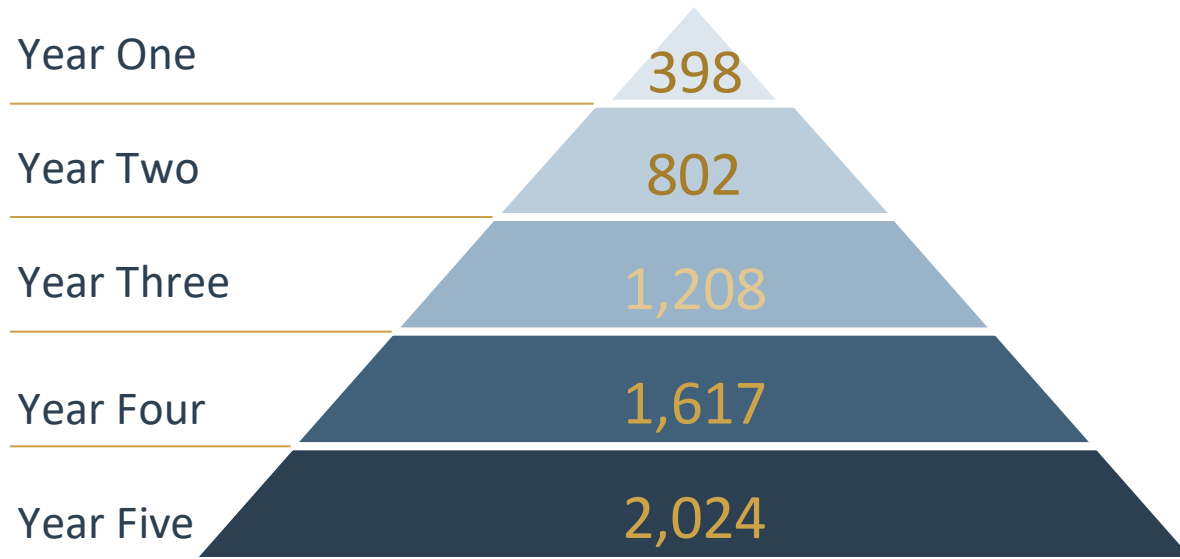
**Current recommendations emphasize the importance of early diagnosis and treatment<sup>8, 12</sup>**

ADL=activities of daily living; DMD=Duchenne muscular dystrophy.

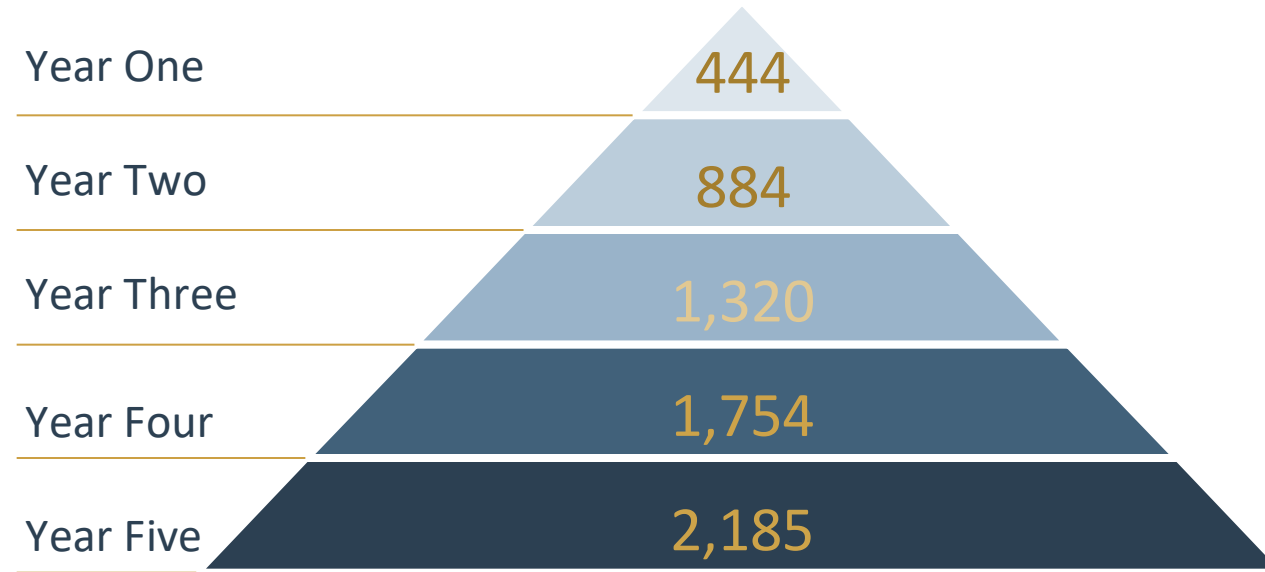
Aartsma-Rus A, et al. *J Med Genet*. 2016;53:145-151. 2. Birnkrant DJ, et al. *Lancet Neurol*. 2018;17(3):251-267. 3. Chen YW, et al. *Neurology*. 2005;65:826-834. 4. Peverelli L, et al. *Neurology*. 2015;85:1886-1893. 5. Lurio JG, et al. *Am Fam Physician*. 2015;91(1):38-44. 6. Cydulnik SE, et al. *J Pediatr*. 2007;150:474-478. 7. Klingler W, et al. *Acta Myol*. 2012;31:184-195. 8. Emery AEH. *Lancet*. 2002;359:687-695. 9. Niks EH, Aartsma-Rus A. *Expert Opin Biol Ther*. 2017;17:225-236. 10. Willcocks RJ, et al. *Ann Neurol*. 2016;79:535-547. 11. Birnkrant DJ, et al. *Lancet Neurol*. 2018;17(4):347-361. 12. Rivera SR, Jhamb SK, Abdel-Hamid HZ, Acsadi G, Brandsema J, Ciafaloni E, et al. (2020) Medical management of muscle weakness in Duchenne muscular dystrophy. *PLoS ONE* 15(10): e0240687. <https://doi.org/10.1371/journal.pone.0240687>

# Over 400 children or young adults die each year from Duchenne

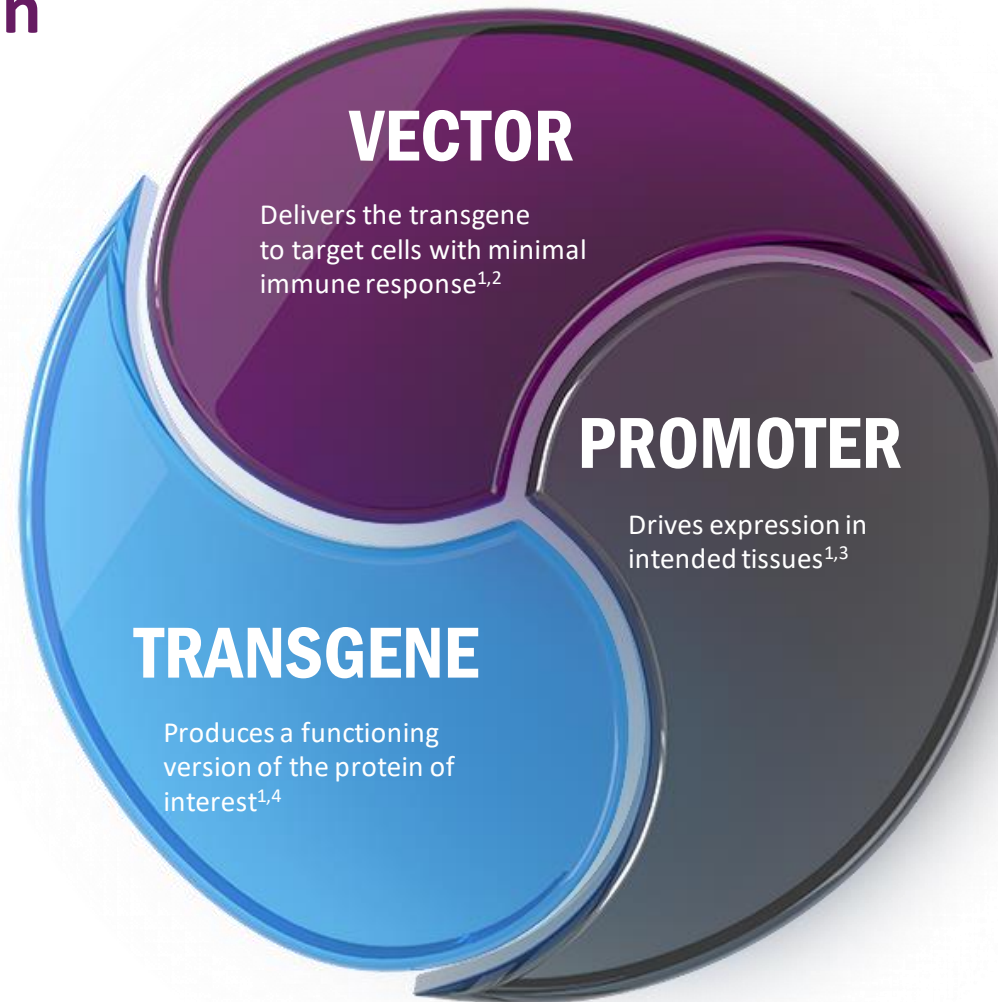
## Milestone: Losing ambulation



## Milestone: Passing away



# Gene therapy delivers a functional gene to affected cells throughout the body so tissue can produce a functional version of the missing or malfunctioning protein



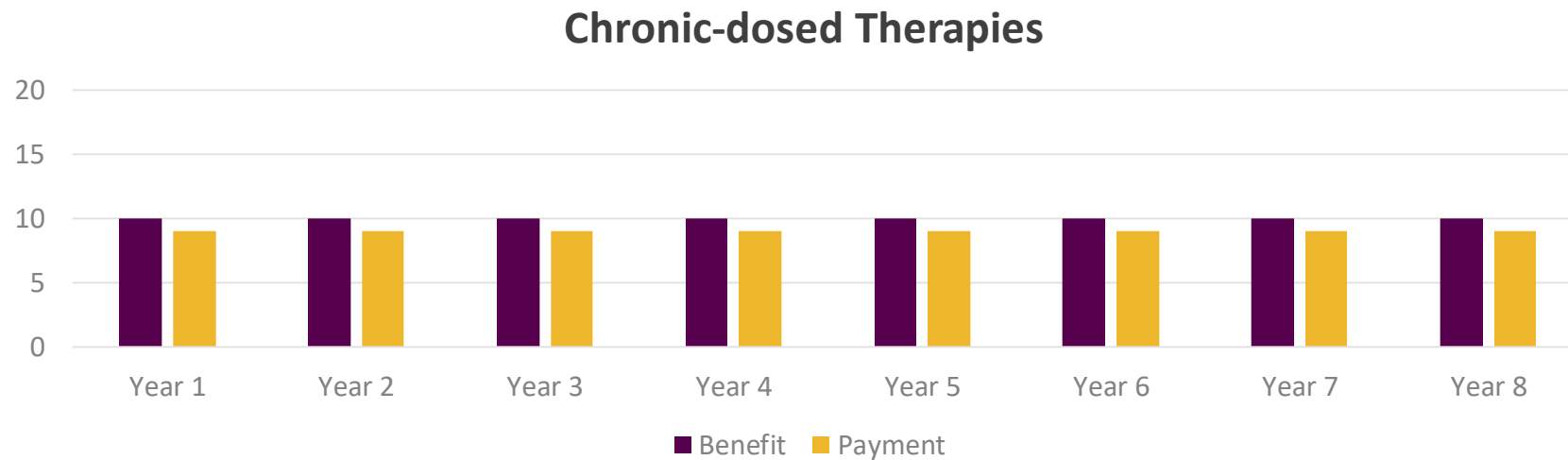
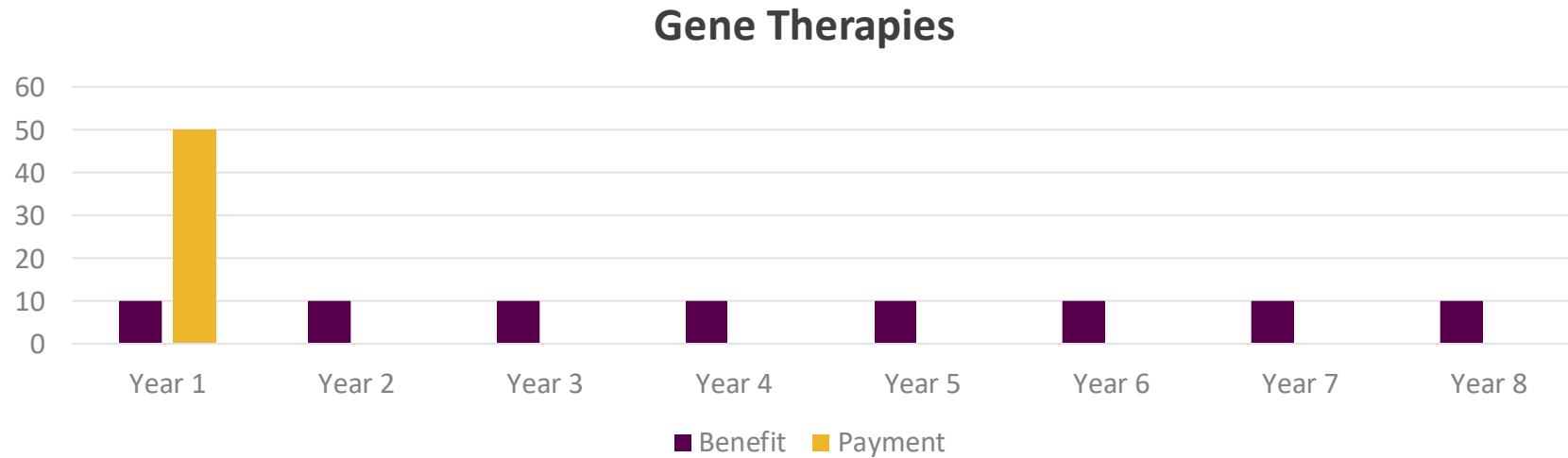
1. Asher DR, et al. Clinical development on the frontier: gene therapy for Duchenne muscular dystrophy. *Expert Opin Biol Ther.* 2020;20(3):263-274.
2. US National Library of Medicine. Help Me Understand Genetics: Gene Therapy. <https://ghr.nlm.nih.gov/primer/therapy/genetherapy>. Accessed Nov. 22, 2021.
3. Zheng C, Baum BJ. Evaluation of promoters for use in tissue-specific gene delivery. *Methods Mol Biol.* 2008;434:205-219.
4. Chandler RJ, Venditti CP. Gene Therapy for Metabolic Diseases. *Transl Sci Rare Dis.* 2016;1(1):73-89.



# Valuing a Gene Therapy

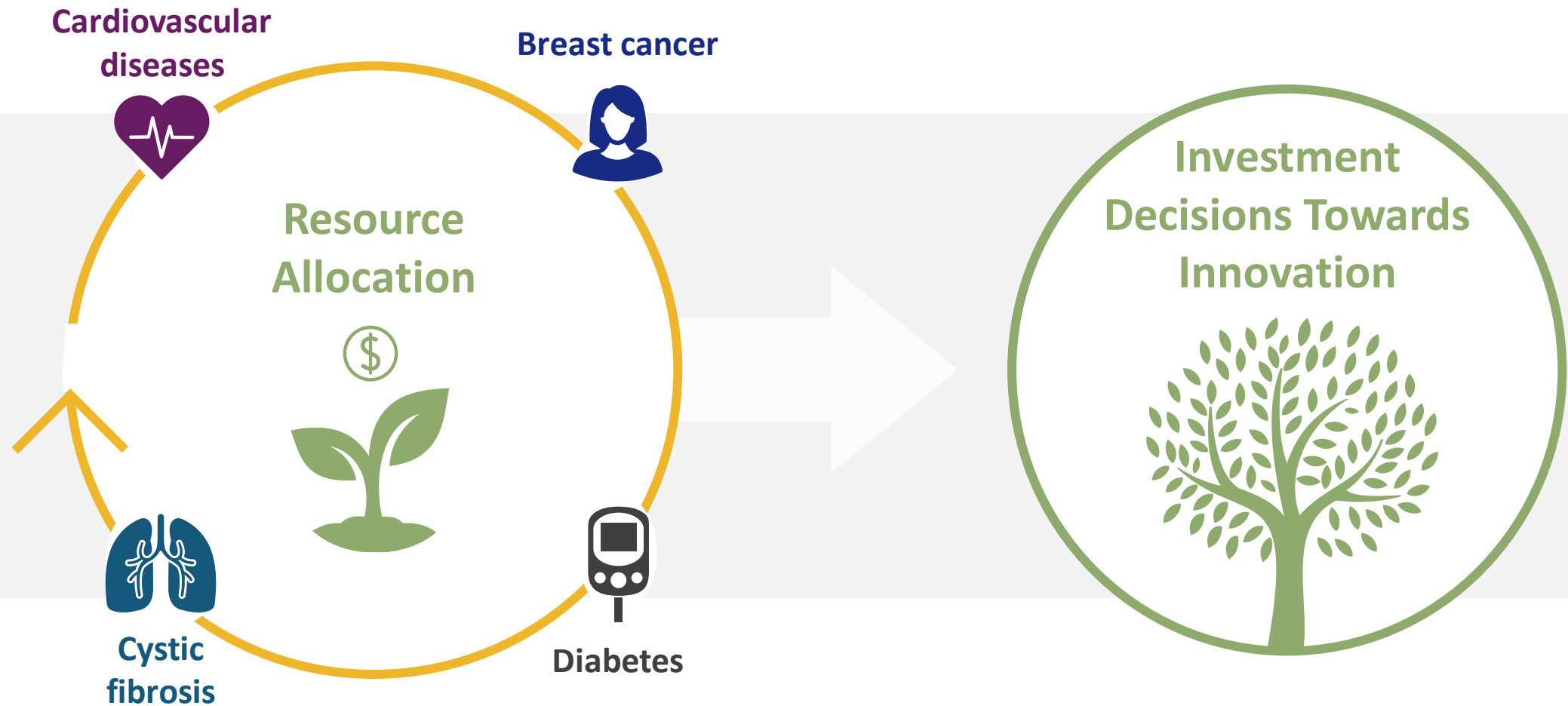


# One-time gene therapies challenge our health care system by requiring payment upfront, but value accrues over time



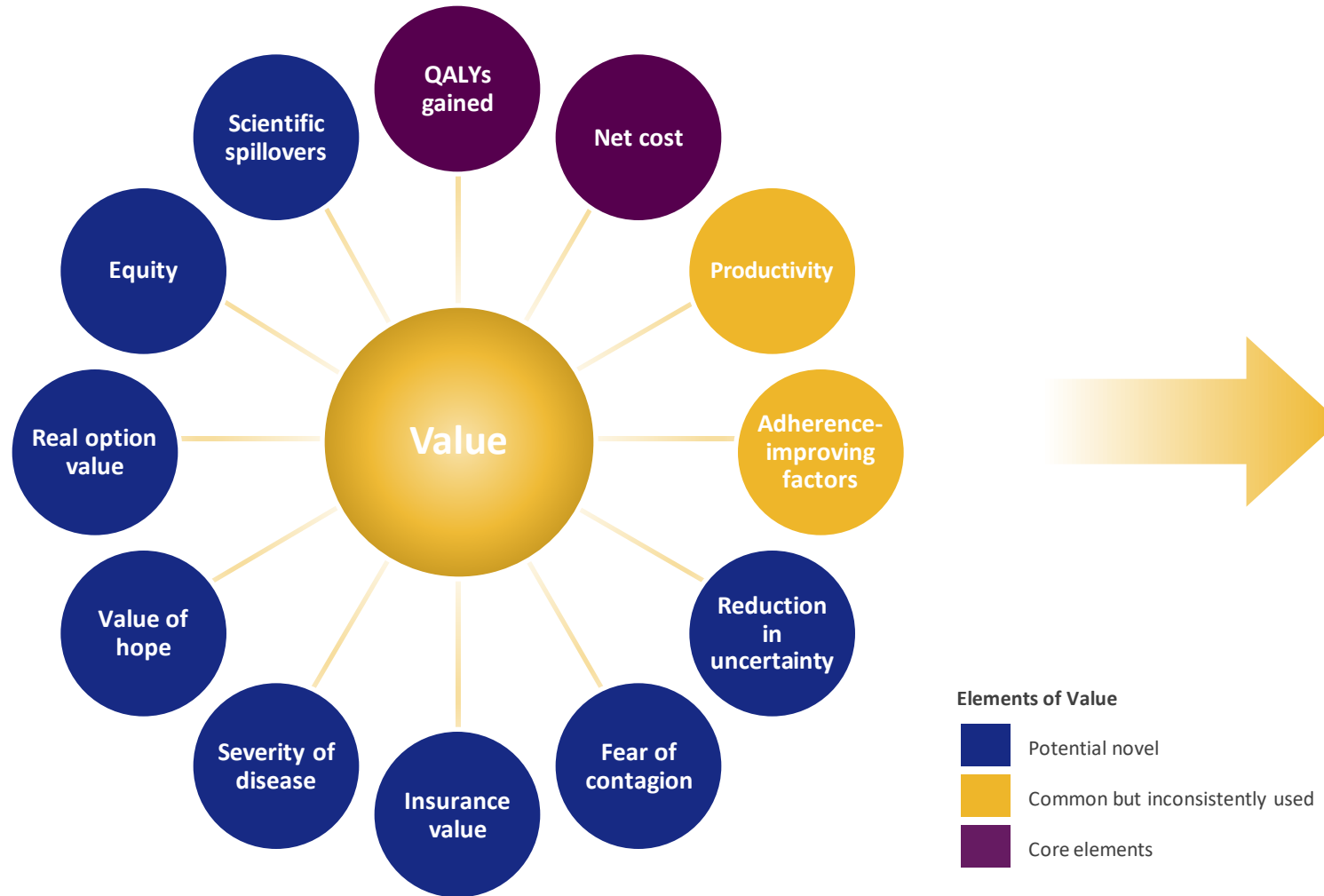
*\*For illustrative purposes*

# Value assessments influence resource allocation and inform investment decisions in future innovations





# Many factors determine value, although most are not traditionally included in value assessments



## THE IMPACT

Value assessments may influence whether a health intervention will be covered by an insurer and therefore accessible to patients...

... As innovative therapies become more prevalent, a broader view is needed to capture the true value to patients, caregivers, and society

# Life is defined by numbers in value frameworks



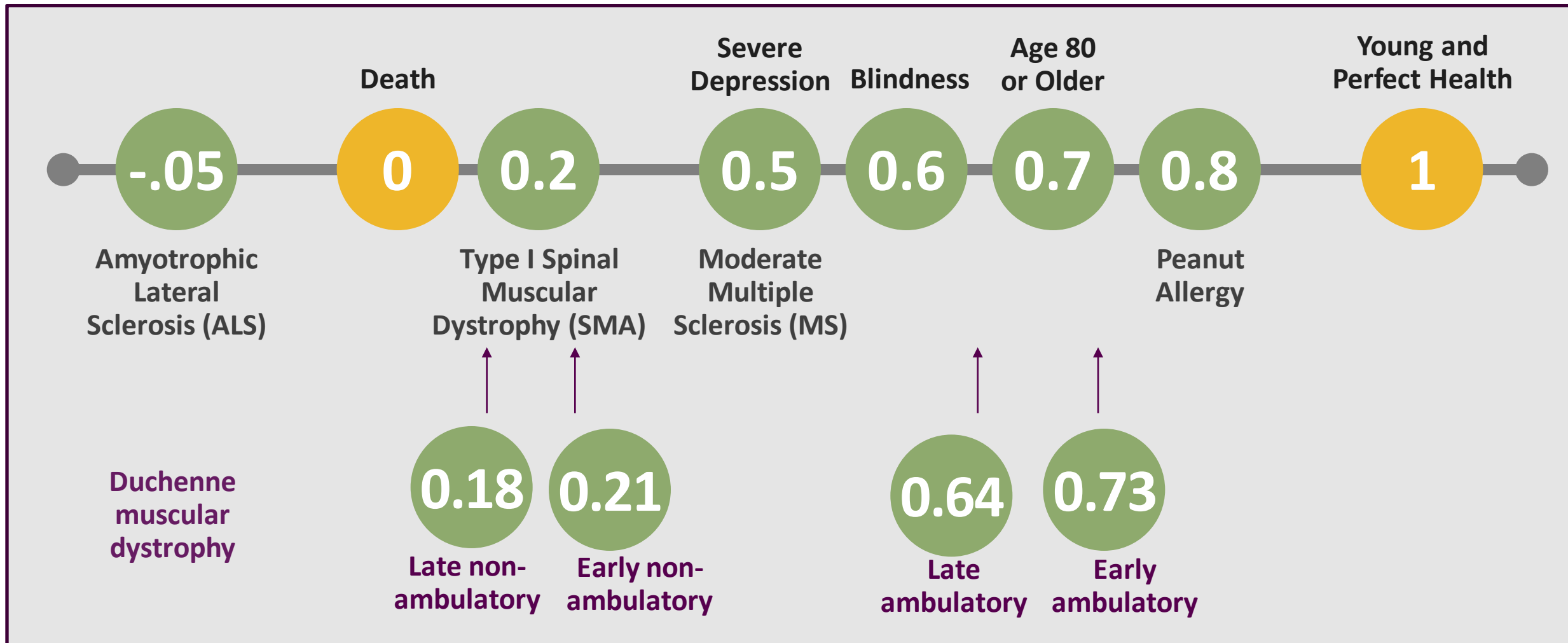
QALYs capture both improvements in quality of life and increases in survival

QALYs are based on the number of years spent at a given quality of life

It assumes that a year of life lived in perfect health is worth 1 QALY (1 Year of Life  $\times$  1 Quality-of-Life = 1 QALY) and that a year of life lived in a state of less than this perfect health is worth less than 1.

# Traditional HTA frameworks mainly rely on the QALY, devaluing the disabled suffering from genetic-causing diseases

QALY Rating Relative to Various Genetic-Causing Diseases



# Why are patients valued differently?

Maximum value of extending survival via the traditional framework:



**\$50,000 per year**

VS



**-\$12,000 per year**

A therapy extending survival for non-ambulatory patients is *not* cost-effective in a traditional framework *even if it were free*

Willingness to pay of \$100,000.  
Estimated potential value of treatment based on direct medical cost and utility value per health state per year; inputs from 2019 ICER DMD report.  
Does not consider impact of discounting costs or benefits.

# Despite the good intentions of the QALY, there are drawbacks



**Prominent organizations have found many limitations when using QALY<sup>1</sup>**



**QALYs do not truly capture the burden a disease places on patients and their families**



**QALYs effectively place a different dollar value for a year of life for different patients**



**QALYs do not prioritize the most severe patients, despite society's preference**

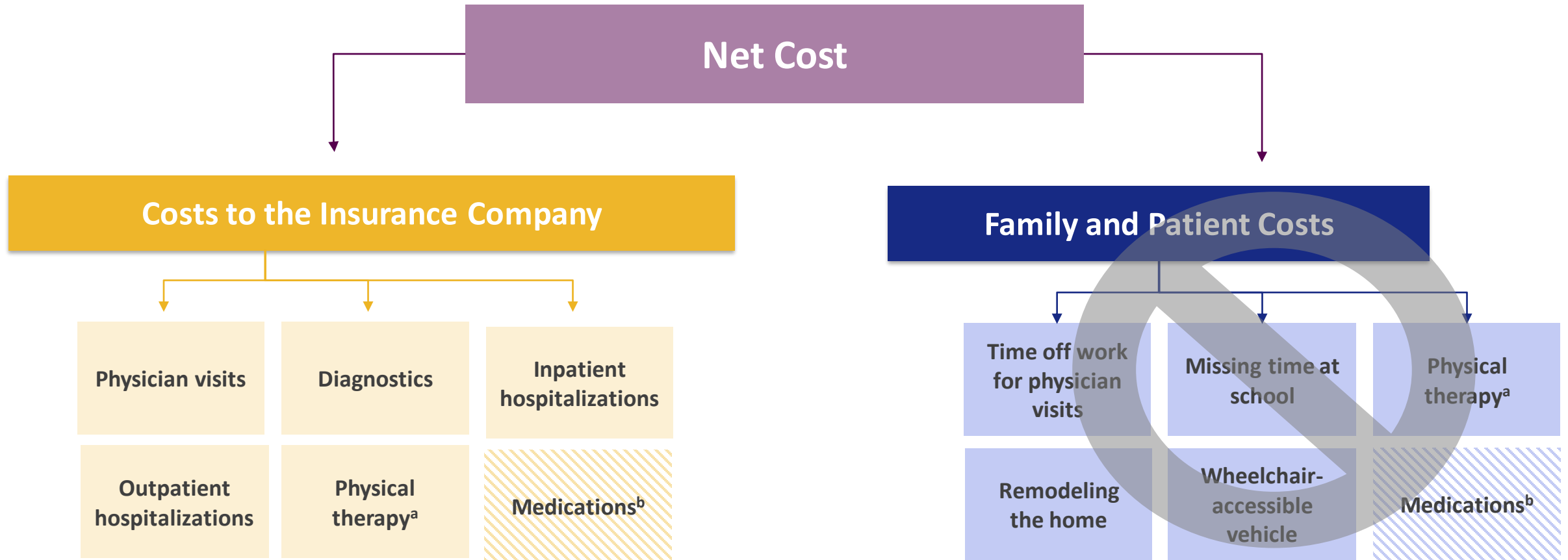
Key: QALY – quality-adjusted life-year.

Additional considerations to highlight QALY drawbacks.

1. National Disability Council. Quality-adjusted life years and the devaluation of life with disability. November 6, 2019. Accessed August 2, 2021.

[https://ncd.gov/sites/default/files/NCD\\_Quality\\_Adjusted\\_Life\\_Report\\_508.pdf](https://ncd.gov/sites/default/files/NCD_Quality_Adjusted_Life_Report_508.pdf)

# Traditional value frameworks focus on costs to the insurer, not costs borne by the family and society



Examples of costs typically incurred by family/patient.


<sup>a</sup> If not covered by insurance.

<sup>b</sup> Only included if determined to be cost-effective.

# The progressive nature of Duchenne will inevitably lead to the need for full-time caregiving, which is most often provided by families

Patients with DMD are unable to live an independent life...	
29%	do not leave the house in a typical week <sup>1</sup>
84%	are unemployed <sup>2</sup>
92%	are unable to live independently <sup>1,2</sup>
87%	are not in a relationship <sup>2</sup>

## Caring for a child with DMD impacts every aspect of caregivers' lives



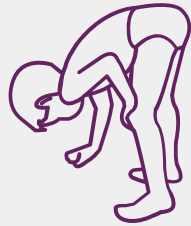
<p><b>74%</b> are <b>worried</b> for the <b>future</b> of other <b>children</b><sup>†,5</sup></p>	<p><b>50%</b> are moderately or extremely <b>anxious</b> or <b>depressed</b><sup>4</sup></p>
<p><b>69%</b> <b>neglect</b> hobbies and <b>things</b> they <b>enjoy</b> doing in their free time<sup>†,5</sup></p>	<p><b>84%</b> have experienced a <b>feeling of loss</b><sup>†,5</sup></p>
<p><b>44%</b> feel they <b>neglect</b> other <b>family members</b><sup>†,5</sup></p>	<p><b>56%</b> find it difficult to carry out usual <b>work or household activities</b><sup>†,5</sup></p>

1.Pangalila RF, et al. Arch Phys Med Rehabil. 2015;96(7):1242-1247. 2.Rodger S, et al. J Neurol. 2015;262(3):629-41.

1.Schreiber-Katz O, et al. Orphanet J Rare Dis. 2014;9(1):210. 2.Landfeldt E, et al. Dev Med Child Neurol. 2018;60(10):987-996. 3.de Moura MCDS, et al. Arq Neuropsiquiatr. 2015;73(1):52-57. 4.Landfeldt E, et al. J Neurol. 2016;263(5):906-915. 5.de Oliveira LC, et al. Journal of Health Sciences. 2020;22(1):56-60. 6.Gocheva V, et al. Eur J Paediatr Neurol. 2019;23(6):832-841. 7.Jackson JL, et al. J Child Neurol. 2021;36(3):177-185. 8. Schwartz et al. JPRO. 2022;6:22. 9..Magliano L, et al. Acta Myol. 2014;33(3):136. 10.Podolska K, et al. Parent Project Muscular Dystrophy Annual Conference 2020 ([LINK](#)).

# Disease management costs for Duchenne are relatively very low compared to other rare diseases

## Annual Disease Management Costs with Current Standard of Care



**Duchenne**

\$31,000/year



**Beta thalassemia**

\$102,000/year



**SMA type 1**

\$325,000/year



**Hemophilia A**

\$706,000/year

Under traditional value assessment models, the current cost of treating a disease can have a big impact on the value assessment of a new therapy and whether that therapy can save the health plan money

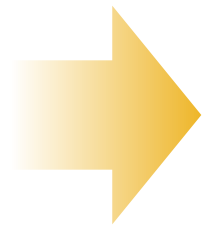
Key: ICER – Institute for Clinical and Economic Review; SMA – spinal muscular atrophy.

Costs listed are only the average direct medical costs borne by the payer, not the cost of any therapies. Cost values are rounded.

Duchenne: Landfeldt E, et al. *Neurology*. 2014;83(6):529-536. Beta thalassemia: ICER. Betibeglogene Autotemcel for Beta Thalassemia: Effectiveness and Value. Final evidence report. July 19, 2022. SMA type 1: ICER. Spinraza and Zolgensma for spinal muscular atrophy: effectiveness and value. Final report. April 3, 2019. Hemophilia A: ICER. Valoctocogene roxaparvovec and emicizumab for hemophilia A without inhibitors: effectiveness and value. Final report. November 20, 2020.



# A paradoxical situation: Traditional assessments place less value on treatments for patients with the greatest unmet need



Demonstrating value for gene therapies for patients who currently have no/limited treatment options is more difficult than if patients have existing treatment options because the latter offers the insurer an opportunity to save money

***We need to change this narrow view of value and define value through the lens of the patient***

# How can you advance patient-centered policy solutions and ensure patient access to treatments while advancing innovation?

- ✓ Adopt newborn screening for Duchenne to reduce the diagnostic odyssey
- ✓ Ban the use of the QALY metric in your state as it devalues and discriminates against patients with genetic diseases (Oklahoma HB 2587 and Massachusetts Bill HB 201)
- ✓ Ensure the rare disease patient perspective and an expert treating physician is incorporated into medical and pharmacy benefit covered prescription drug reviews by Medicaid Pharmacy & Therapeutics Committees and Drug Utilization Review Boards or similar state bodies (Illinois HB 2259 and Arkansas SB 143)
- ✓ Avoid pricing and reimbursement policies that will disincentive innovation, particularly for rare, pediatric genetic diseases
- ✓ Advance policies that recognize the holistic value of a rare disease treatment



**Thank you**