

Cardiac Emergency Response: Is Your State Prepared?

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Parent Heart Watch.
THE NATIONAL VOICE
PROTECTING YOUTH FROM SUDDEN CARDIAC ARREST

ZOLL®



#AccessToHealthCare

Presenter



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No Disclosures



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Objectives

- **Sudden Cardiac Arrest in Youth and it's Incidence**
- **How we can save lives together**
- **Enacted and Pending Legislation**

About Parent Heart Watch

The national voice solely dedicated to protecting youth from sudden cardiac arrest and preventable sudden cardiac death. We lead and empower others by sharing information, educating and advocating for change.



What We're Doing About It



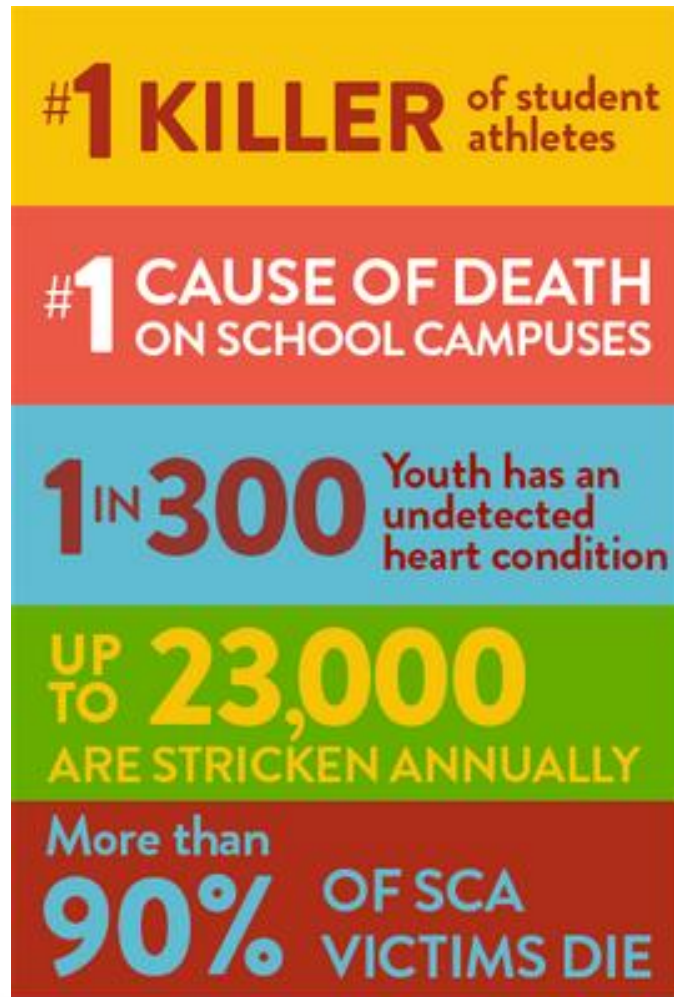
Sudden Cardiac Arrest

Sudden Cardiac Arrest or SCA is a life-threatening emergency that occurs when the **heart suddenly stops beating**.

- SCA is the 3rd leading cause of death in the United States; heart disease is the leading cause of death in U.S. and worldwide.
- More than **356,500** Americans die each year from SCA.
- More than **975 affected daily**; presently 90% do not survive.
- Sudden Cardiac Arrest is **NOT** a Heart Attack.



The Reality of SCA in Youth



- An *estimated* **23,000¹ young people** under age 18 are stricken annually¹
- **Many of these deaths are *preventable!***

¹ Characteristics of Pediatric OHCA in the US, Okubo et al 2020



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Improving Survival

We can change the statistic from 10% survival to 80% survival with the tools we have NOW!

- Call-Push-Shock
- CPR/AED Training
- Accessible and maintained AEDs in public places, schools, and on playing fields
- Well written and practiced Cardiac Emergency Response Plans



2023 Legislation: Enacted & Pending

➤ **56 bills** have been introduced in **28 states and Congress** to improve SCA outcomes, including:

- AEDs
- CPR Training
- CPR/AED Training
- Cardiac Emergency Response Planning
- Electrocardiogram Testing
- SCA Prevention

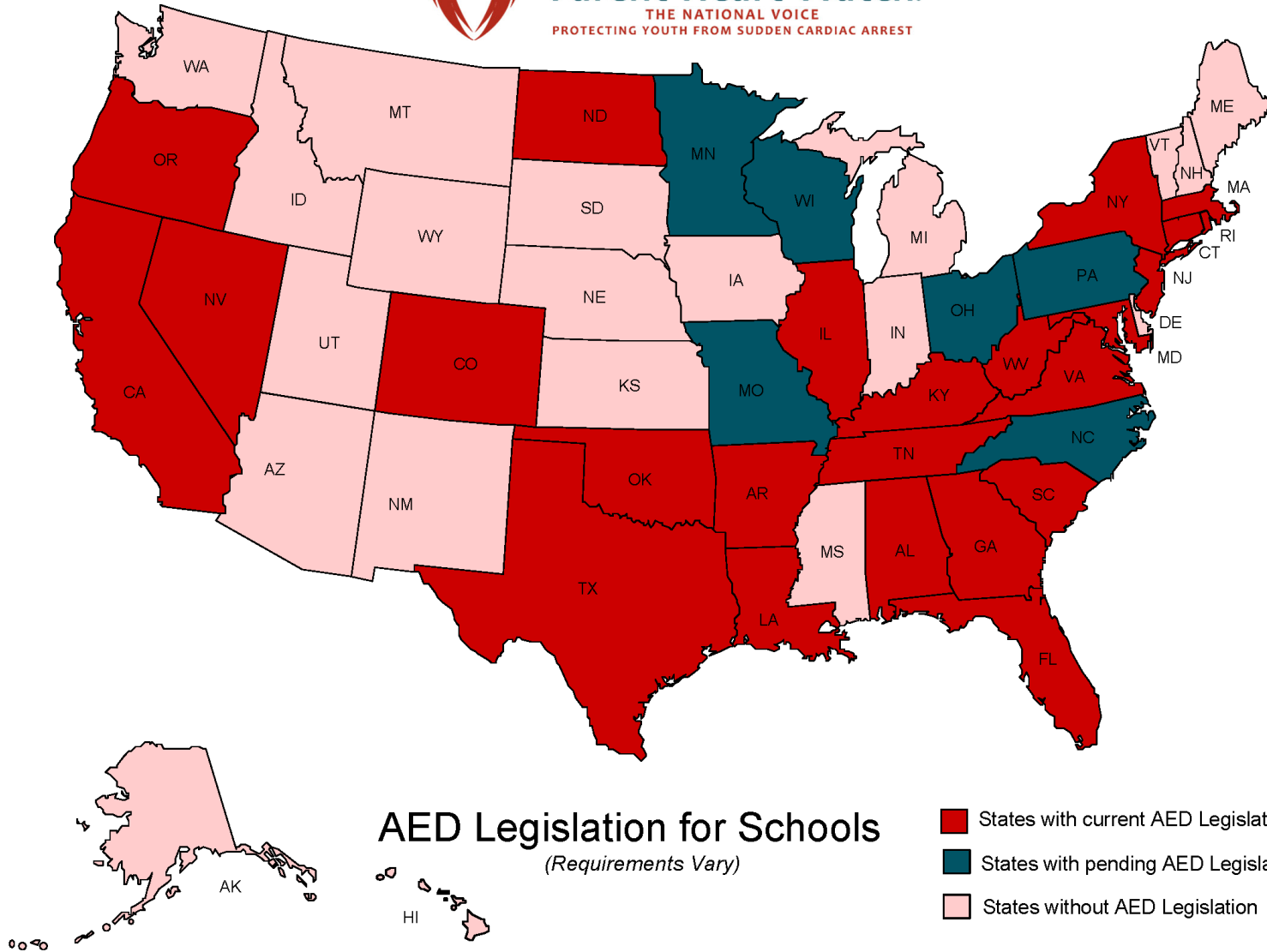
➤ **11 bills** have been enacted in 9 States (**AL, CA, CO, HI, IN, KY, LA, TX, VA**)



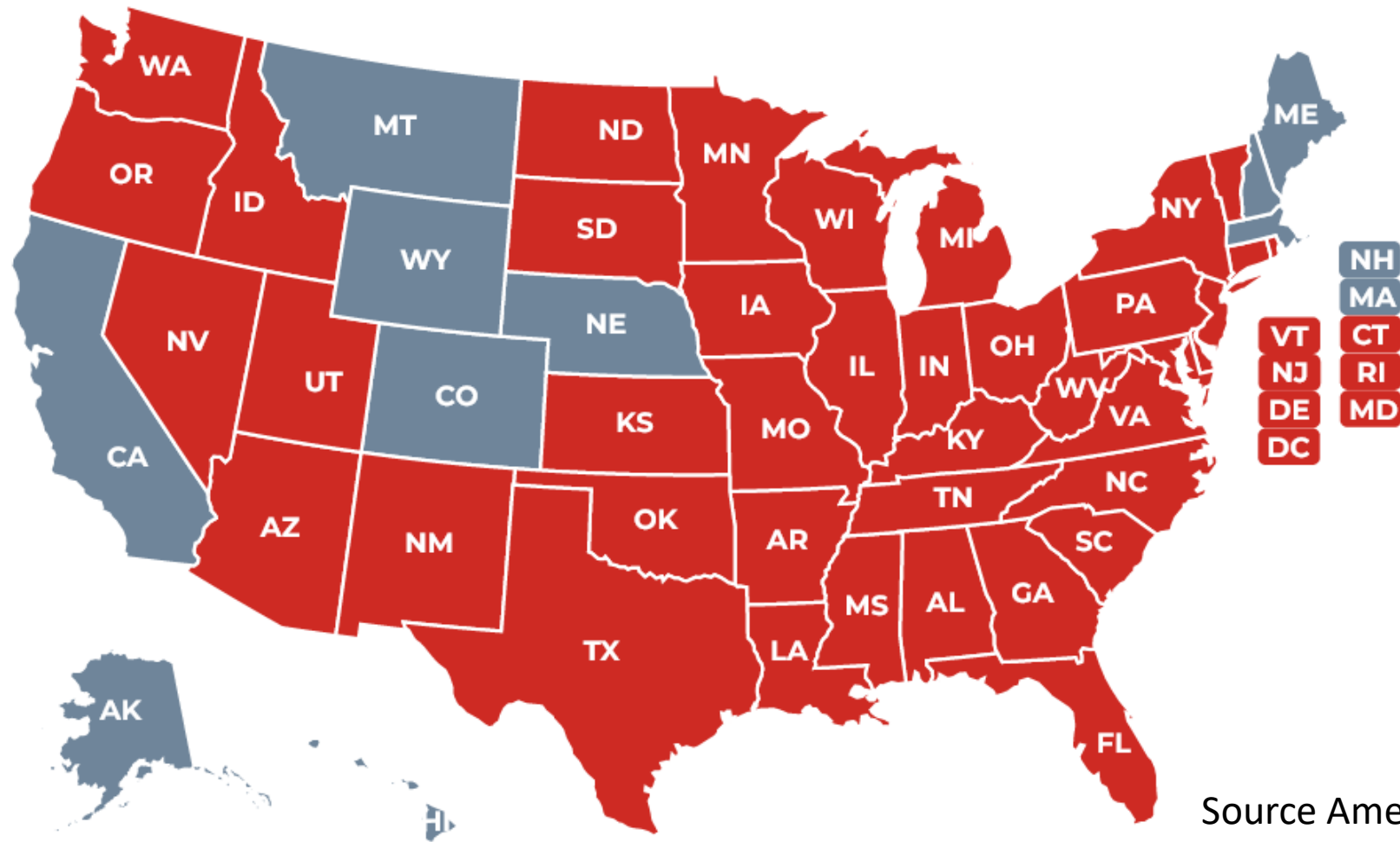


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CPR in Schools



Source American Heart Association

Call to Action

- **Sponsor legislation in your state**
 - **Accessible and maintained AED's available**
 - **CPR/AED certification training for coaches**
- **Become a heart health advocate**
- **Vote for pro-heart health legislation**
- **Educate yourself on SCA and take the Prevention Promise at ParentHeartWatch.org**



*Sudden Cardiac Arrest
in youth is preventable!*
**TAKE THE
PREVENTION
PROMISE**
ParentHeartWatch.org

Each one of
us can make
a difference.
Together we
can make
change.



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Questions

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