

The link between obesity and diabetes is clear.

As many as **85 percent** of people with diabetes have overweight or obesity

Rates of obesity are **disproportionately higher among minority populations**



WHAT IS OBESITY?

Weight Categories Based on BMI



*BMI is an obesity screening tool: **Body Mass Index** (a person's weight in kilograms divided by the square of height in meters) of 30.0 or higher.*

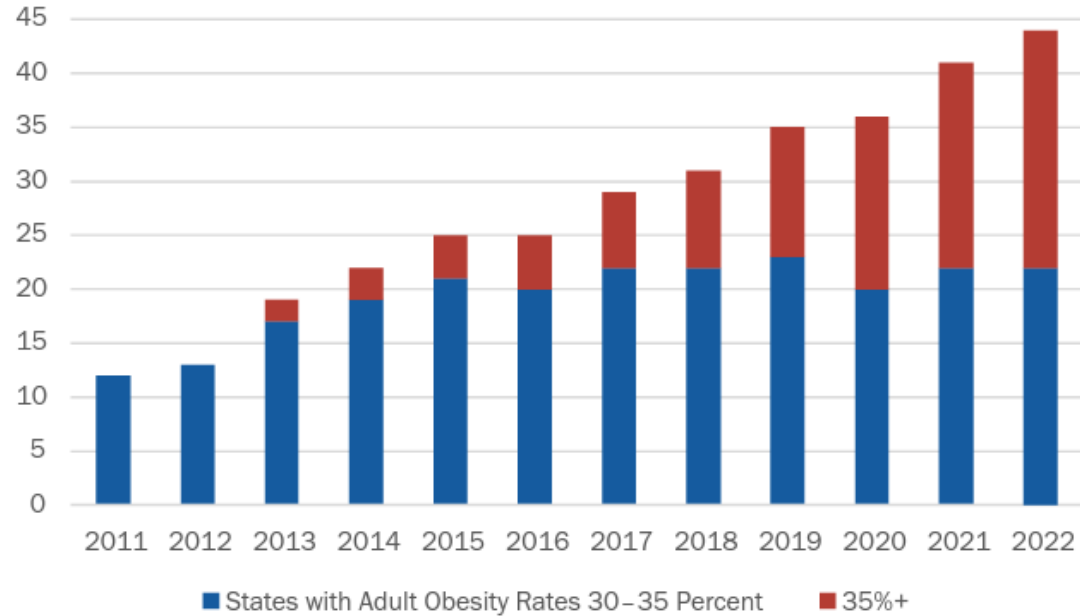
What is obesity?

Obesity is a **chronic**, often **progressive** and **relapsing** disease with numerous medical, physical, and psychosocial complications, including a substantially increased risk for type 2 diabetes.

OBESITY PREVALENCE CONTINUE TO RISE ACROSS THE UNITED STATES

**22 States
Have Adult
Obesity
Rates
Above 35%**

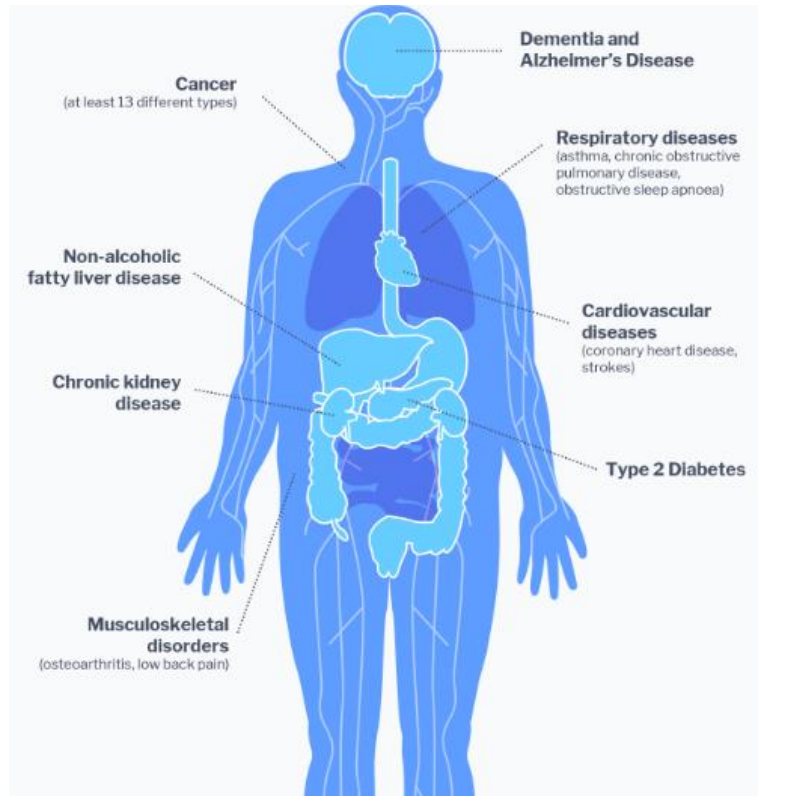
FIGURE 2: Number of States with Adult Obesity Rates At 30 Percent or Higher, 2011–2022



Source: TFAH analysis of BRFSS data

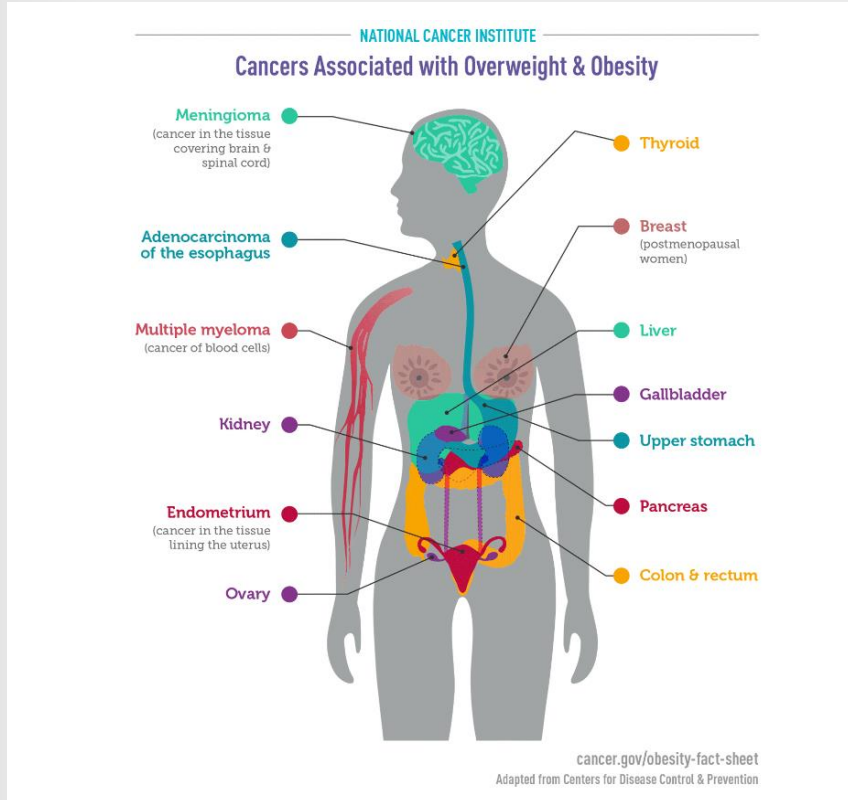
Obesity results in multiple co-morbid diseases and conditions

- Type 2 Diabetes
- Kidney Failure
- Osteoarthritis
- Obesity-related Cancers
- Increased risk of stroke and heart attack
- Sleep Apnea
- Increased Depression



Source: <https://www.obesityevidencehub.org.au/collections/impacts/health-impacts-of-obesity>

CANCER AND OBESITY



Being overweight or having obesity increases risk of cancer

- Obesity is associated with 13 types of cancer
- These cancers make up 40% of all cancers diagnosed in the United States each year

Source: Centers for Disease Control and Prevention <https://www.cdc.gov/cancer/obesity/index.htm>

ADA LAUNCHED OBESITY TREATMENT ACCESS WEBPAGES

<https://diabetes.org/diabetes/obesity>

Diabetes Overview > **Help Prevent Diabetes, Treat Obesity**

Diabetes Overview

Help Prevent Diabetes, Treat Obesity

Obesity is linked to more than 50 percent of new cases of diabetes every year.

Healthy weight management can help prevent and even reverse diabetes and most importantly leads to better health for those with or at risk for diabetes.



Geographic Regions

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